

Week 1: What is Registered Nursing? Introduction to the Course

Overview

The purpose of week one is to introduce the course and become familiar with resources and terminology needed in scholarly practice. The Canadian Nurses Association (CNA) defines Registered Nurses as, "... self-regulated health-care professionals who work autonomously and in collaboration with others to enable individuals, families, groups, communities and populations to achieve their optimal levels of health" (2015, p. 5). In this class we will share experiences of nursing and begin to distinguish the unique contribution of registered nurses to patient care.

Learning Outcomes

Learners will:

- Be familiar with the course outline, schedule, and program policies
- Explore the standards of academic integrity and applying these standards to all written assignments.
- Apply APA style and formatting in all written assignments
- Demonstrate scholarly writing by including a clear, concise thesis statement, an active voice, and the consistent citation of sources in all written assignments.
- Reflect on previous practice experience and how it relates to understanding the RN role

Learning Activities

Introduction Video

Watch the "me to you" video posted on D2L in course Module 1 to explore the course schedule, assignments, discussion post expectations, and how to connect with your instructor and classmates. Once you have completed this introduction video, watch this week one voice over PowerPoint to guide your readings.

BSN program handbook

Please access the reading below to explore program specific policies and processes:

- Camosun College. (2023, September). *Nursing (BSN) program handbook*.
<https://camosun.ca/bsn-handbook>

Optional Reading

The School of Health and Human Services offers a handbook to guide you toward additional resources within Camosun College

- Camosun College. (2023, September). *HHS student handbook*.
<https://camosun.ca/hhs-handbook>

American Psychological Association (APA) Style for Writing

Formatting of all assignments in the BSN program must adhere to APA style (7th edition). Review the resources below for guidelines. The list provided is a place to start and can be a place for future reference. Depending on your experience using APA style, you may need to review additional resources. The sample paper below can provide you with a visual overview of how to format your assignments.

- American Psychological Association. *APA Style: Handouts and guides*. <https://apastyle.apa.org/instructional-aids/handouts-guides>

Review the following handouts/guides from this webpage:

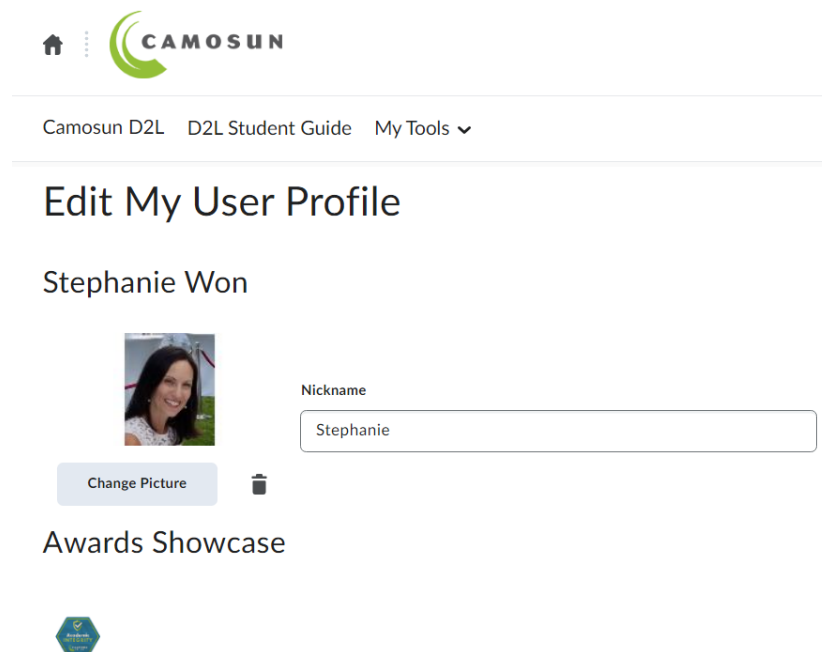
- Student Paper Checklist (Beginner's Version)
- Student Paper Setup Guide
- Heading Levels Template: Student Paper
- Avoiding Plagiarism Guide
- In-Text Citation Checklist
- APA Style Guide to Common Reference Examples
- American Psychological Association. *Sample student paper*. <https://apastyle.apa.org/style-grammar-guidelines/paper-format/student-annotated.pdf>
- Camosun College. *APA citation style (7th edition)*. <https://camosun.libguides.com/apa7>

Optional: Practice Editing for APA Style

Review the sample paper titled "Incorrect version – APA Editing Activity". Find and correct as many of the mistakes as possible. When you are finished, open the "Marked Up" version of the file and see how well you did. This document has comments throughout that will tell you what the errors are and how they should be formatted. There is also a "Perfect" version of the file that shows you what the paper should look like if there were no errors.

Academic Integrity Course

In the Camosun College library site, you will complete the Academic Integrity Course (<https://camosun.libguides.com/academicintegrity/AIcourse>). Once you have completed the course, please follow the instructions to obtain a digital badge. Your D2L profile will show the Academic Integrity award as noted in the screenshot below, under your Awards Showcase.




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Nickname

Change Picture 

Awards Showcase



Please submit a screenshot of your award and name (like the example above) to the Academic Integrity Course dropbox.

Beginning to Explore the Role of Registered Nurse (RN)

We will refer to the “Framework for the Practice of Registered Nurses in Canada” (Canadian Nurses Association [CNA], 2015) throughout this course. Please explore the outlined sections as we begin to explore the role of the RN.

Canadian Nurses Association. (2015) *Framework for the Practice of Registered Nurses in Canada (2nd Edition)*. Ottawa, ON. <https://www.cna-aiic.ca/en/nursing/regulated-nursing-in-canada/rn-practice-framework2>

Introduction p. 3

Key Elements of the Framework p. 5

Personal Transition Plan

Complete a personal transition plan to explore your needs as you move into the role of learner. Work through your transition plan over the next 14 weeks and keep this document to review at the end of the semester.

Discussion Post

Using the Discussion function in D2L, post an introduction message to your classmates and instructor. Include your name, a brief description of your nursing experiences, one goal you have for this course, and how you feel/wish your past experiences can best be honoured as you enter this program. Respond to one or more of your classmates’ introductions. Each week it will be important to ensure that your responses demonstrate engagement and an effort to further the conversation. Feel free to get creative and add a video or photos if you wish (this is not mandatory)

Week 2: What is Registered Nursing? The Journey from LPN to RN

Overview

Bridges (2023) notes that “*Transition* is not just a nice way to say *change*. It is the inner process through which people come to terms with a change, as they let go of how things used to be and reorient themselves to the way that things are now” (para. 2). Transition can be challenging, and the changing role from LPN to RN will require adapting to change and pushing oneself to take on a new role in nursing. Role transition requires changing the way one thinks and acts (Harrington & Terry, 2019); in this class, we will discuss transition theories and examine the roles and responsibilities of the RN. We will begin to reflect on how this role transition may present challenges and how to prepare for this change.

In addition to role identity, it is important to understand the associations and organizations that shape our practice and our profession. Professional associations/colleges and unions have played and continue to play a strong role in the professional growth of nursing and nurses’ service. Understanding the roles and statutory responsibilities of the professional association/college and the union is essential.

Learning Outcomes

Learners will:

- Define transition theories and relate them to the role change from LPN to RN
- Compare and contrast nursing as a profession and discipline
- Identify and discuss the roles/responsibilities of the RN
- Compare and contrast the differences between the role of LPN and the registered nurse; including regulations, policies and standards of practice
- Distinguish the mandates of nursing organizations: NNPBC, BCCNM, BCNU, CINA, CNA, FNHA and the impact of the Health Professions Act.

Learning Activities

Transition Theory

There are several theories that focus upon transitions. Explore one of the following resources surrounding transition theory. As you explore your chosen resource, contemplate how it relates to the journey you are beginning as a nurse bridging into a BSN program.

University of North Texas. (n.d.). Schlossberg’s transition theory.

<https://www.unthsc.edu/students/wp-content/uploads/sites/26/Schlossberg.pdf>

University of Pennsylvania. (n.d.). Meleis: Transitions Theory.

<https://www.nursing.upenn.edu/live/files/552-transitions-theory>

Learning from the Experiences of Others

Having explored the general concept of transitions, we will look more closely at your individual context. Licensed Practice Nurses (LPNs) who choose to build upon their previous education and work experience by entering a BSN program face unique challenges (Melrose & Gordon, 2011). The following resource explores the experiences of LPN to RN students in a Canadian bridging program.

Melrose, S. & Gordon, K. (2011). Overcoming barriers to role transition during an online post LPN to BN program. *Nurse Education in Practice*, 11(1), 31–35. <https://doi-org.libsecure.camosun.bc.ca:2443/10.1016/j.nepr.2010.06.002>.

Role of the Registered Nurse

Paul, P., Day R.A., & Williams, B. (2020). Health care delivery and nursing practice. *Brunner & Suddarth's textbook of Canadian medical surgical nursing* (4th Edition, pp.4-12). Wolters Kluwer.

- pp. 10-11 start at Roles of the Nurse

British Columbia College of Nurses and Midwives (BCCNM) Standards of Practice for Registered Nurses (RNs) and Scope of Practice for RNs:

Explore the link below for an overview of the BCCNM Standards of Practice for RNs.

<https://www.bccnm.ca/RN/ProfessionalStandards/Pages/Default.aspx>

Explore the link below for an overview of the BCCNM Scope of Practice for RNs.

<https://www.bccnm.ca/RN/ScopePractice/Pages/Default.aspx>

Exploring the Role of Professional Organizations for RNs

Review the voice over PowerPoint on D2L to learn more about the professional organizations that relate to RN practice. For additional information on the relevant organizations and legislation, you can read more using the links below.

[Overview of the Health Professions Act](#)

[The Health Professions Act](#)

[Health Professions and Occupations Act](#)

[British Columbia Nurses Union \(BCNU\)](#)

[The Nurses and Nurse Practitioners of BC \(NNPBC\)](#)

[The Canadian Nurses Association \(CNA\)](#)

[First Nations Health Authority](#)

[Canadian Indigenous Nurses Association \(CINA\)](#)

Discussion Post

In this week's post, you will need to do two things: explore the prompt below and provide feedback to one peer.

Using one of the transition theories as your lens, post on the discussion board how you feel your practice as an RN will be complimented by your LPN experiences and how it may differ. Create a personal inventory of the qualities that you believe an RN to possess. Consider what role you believe the RN to have in clinical practice. How does this differ from your previous role as an LPN? Explore the responses of your peers and respond to one of them.