

Week 1: What is Registered Nursing? Introduction to the Course

Overview

The purpose of week one is to introduce the course and become familiar with resources and terminology needed in scholarly practice. The Canadian Nurses Association (CNA) defines Registered Nurses (RNs) as, "... self-regulated health-care professionals who work autonomously and in collaboration with others to enable individuals, families, groups, communities and populations to achieve their optimal levels of health" (2015, p. 5). In this class we will share experiences of nursing and refresh the foundational skills needed to engage in an online nursing theory course.

Learning Outcomes

Learners will:

- Be familiar with the course outline, schedule, and program policies
- Develop an understanding of the BSN program's foundational perspectives
- Explore the standards of academic integrity and apply these standards to all written assignments
- Apply APA style and formatting in all written assignments
- Demonstrate scholarly writing by including a clear, concise thesis statement, an active voice, and the consistent citation of sources in all written assignments

Learning Activities

Watch & Read

Introduction Video

Watch the "me to you" video posted on D2L in course Module 1 to explore the course schedule, assignments, discussion post expectations, and how to connect with your instructor and classmates. Once you have completed this introduction video, watch this week one voice over PowerPoint to guide your readings.

BSN program handbook

Please access the reading below to explore program specific policies and processes:

- Camosun College. (2023, September). *Nursing (BSN) program handbook*.
<https://camosun.ca/bsn-handbook>

Foundational Perspectives of the BSN Program

As you begin your journey in the Camosun College nursing program, it is important that you explore the foundational perspectives that the current curriculum is built upon. It is important to note that

the philosophical traditions espoused in the curriculum should not be viewed as “right” or “wrong” but rather reflect different views of the world and different assumptions about what counts as knowledge within those views. Varying perspectives inform the BSN program. Review the linked Voice-Over PowerPoint and then explore the meaning of the perspectives in the reading below and how they intersect to inform our program.

VOPP here in D2L

University of Victoria and College Partners. (2023). *Curriculum guide: The University of Victoria and partners Bachelor of Science in nursing program*.

pp. 46-54: Foundational Perspectives

American Psychological Association (APA) Style for Writing

Formatting of all assignments in the BSN program must adhere to APA style (7th edition). Review the resources below for guidelines. The list provided is a place to start and can be a place for future reference. Depending on your experience using APA style, you may need to review additional resources. The sample paper below can provide you with a visual overview of how to format your assignments.

- American Psychological Association. *APA Style: Handouts and guides*.
<https://apastyle.apa.org/instructional-aids/handouts-guides>

Review the following handouts/guides from this webpage:

- Student Paper Checklist (Beginner’s Version)
- Student Paper Setup Guide
- Heading Levels Template: Student Paper
- Avoiding Plagiarism Guide
- In-Text Citation Checklist
- APA Style Guide to Common Reference Examples

American Psychological Association. *Sample student paper*. <https://apastyle.apa.org/style-grammar-guidelines/paper-format/student-annotated.pdf>

Camosun College. *APA citation style (7th edition)*. <https://camosun.libguides.com/apa7>

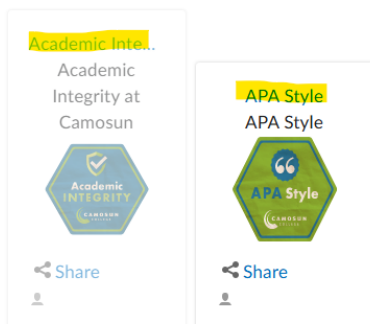
Do

American Psychological Association (APA) Style for Writing

In the Camosun College library site, you will complete the APA Style Course (<https://camosun.libguides.com/apa7/D2Lcourse>). Once you have completed the course, please follow the instructions to obtain a digital badge on your profile. Your D2L profile will show the APA Style Course award under your Awards Showcase. Please take a screen shot, or share your D2L award, and place a copy in the appropriate assignment drop box. See example screen shot below showing both your name and your awards:

☒ Include awards from other courses

Badges



Optional: Practice Editing for APA Style

Review the sample paper titled “Incorrect version – APA Editing Activity”. Find and correct as many of the mistakes as possible. When you are finished, open the “Marked Up” version of the file and see how well you did. This document has comments throughout that will tell you what the errors are and how they should be formatted. There is also a “Perfect” version of the file that shows you what the paper should look like if there were no errors.

Academic Integrity Course

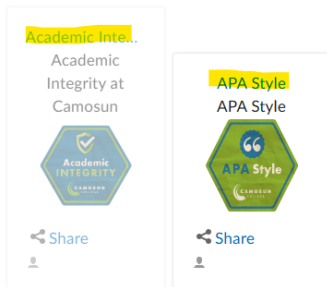
In the Camosun College library site, you will complete the Academic Integrity Course (<https://camosun.libguides.com/academicintegrity/Alcourse>). Once you have completed the course, please follow the instructions to obtain a digital badge. Your D2L profile will show the Academic Integrity award under your Awards Showcase.

Search awards 

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☒ Include awards from other course

Badges



Please submit a screenshot of your award and name (like the example above) to the Academic Integrity Course submission folder.

Discussion Post

Using the Discussion function in D2L, post an introduction message to your classmates and instructor. Include your name, a brief description of your nursing experiences, and how you feel/wish your past experiences can best be honoured as you enter this program. Respond to one or more of your classmates' introductions. Feel free to get creative and add a video or photos if you wish (this is not mandatory)

Please post your introduction by Friday of this week and reply to a peer by Sunday

Week 2: What is Registered Nursing? The Journey from LPN to RN

Overview

Bridges (2023) notes that “*Transition* is not just a nice way to say *change*. It is the inner process through which people come to terms with a change, as they let go of how things used to be and reorient themselves to the way that things are now” (para. 2). Transition can be challenging, and the changing role from LPN to RN will require adapting to change and pushing oneself to take on a new role in nursing. Role transition requires changing the way one thinks and acts (Harrington & Terry, 2019); in this class, we will discuss transition theory and examine the roles and responsibilities of the RN. We will begin to reflect on how this role transition may present challenges and how to prepare for this change.

Learning Outcomes

Learners will:

- Define and apply transition theory to the role change from LPN to RN

Learning Activities

Learning from the Experiences of Others

Licensed Practice Nurses (LPNs) who choose to build upon their previous education and work experience by entering a BSN program face unique challenge (Melrose & Gordon, 2011). The following resource explores the experiences of LPN to RN students in a Canadian bridging program.

Melrose, S. & Gordon, K. (2011). Overcoming barriers to role transition during an online post LPN to BN program. *Nurse Education in Practice*, 11(1), 31–35. <https://doi-org.libsecure.camosun.ca/10.1016/j.nepr.2010.06.002>

Transition Theory

There are several theories that explore transitions, in this course we have chosen to focus on Schlossberg’s Theory of Adult Transition (Anderson et al., 2012). Schlossberg outlines that anticipated transitions, such as the decision to bridge from LPN to RN, can be an extremely stressful life event. Please review the following resource for more information about Nancy Schlossberg’s Transition Theory.

University of North Texas. (n.d.). *Schlossberg’s transition theory*.

<https://www.unthsc.edu/students/wp-content/uploads/sites/26/Schlossberg.pdf>

Part of the transition process is to explore a person’s coping resources through the lens of the 4S system (Situation, Self, Support, and Strategies). Using the table outlined in the following resource, contemplate how the 4S’s relate to the journey you are beginning as a nurse bridging into a BSN program. You will integrate these considerations into your Personal Transition Plan.

Marcidante, K., Knox, K., & Amidon, M. (2020). Preparing for the transition to your next career Role. *Journal of Graduate Medical Education*, 12(1), 109–110.
<https://doi.org/10.4300/JGME-D-19-00903.1>

- Table: <https://pmc.ncbi.nlm.nih.gov/articles/PMC7012517/table/i1949-8357-12-1-109-t01/>

Complete a Personal Transition Plan

Download this Word document and complete a personal transition plan to explore your needs as you move into the role of learner. This document will be visible to only your instructor with the intention that they can help to support you through this transition. Please submit this document to the Personal Transition Plan submission folder by the outlined due date.

Quiz

Please complete the following quiz on D2L.